

## YOUR GUIDE TO THE *Livesimply* award

**Please use this simple template to make your action plan, return a completed copy to CAFOD and we will send you your *livesimply* award registration certificate.**

To apply for the award, your community should plan one main action – something which involves either a significant change or a lot of people - and at least two smaller actions under each of the three headings.

You can include activities which are already taking place and some that are new, or that aim to reach new people. There are more ideas and inspiration on [cafod.org.uk/livesimply](http://cafod.org.uk/livesimply).

### **Use these questions to help you plan your activities:**

- *Why* are you taking this action? Who will benefit and what difference will it make?
- *Who* will be involved in making it happen? Think beyond your core group.
- *How* will you show that you've succeeded? Electricity bills, photos, newspaper cuttings and liturgy sheets are some of the ways you can show what you have been doing.
- *When* will you do it by? Be realistic.
- *What* kind of action is it? Is this action reflection and worship; practical action or something which reaches out to involve others beyond the community? It could be all three, but make sure you have all three kinds of action reflected somewhere in your plan.

Please send us a copy of your plan to [livesimplyaward@cafod.org.uk](mailto:livesimplyaward@cafod.org.uk) or CAFOD Campaigns team, Romero House, 55 Westminster Bridge Road, London SE1 7JB. We'll send you a certificate to display to show that your community is working towards the *livesimply* award.

## **GOOD SHEPHERD - Actions to live simply**

**Main action:** (to be decided)

### **Other Good Shepherd activities:**

1. Behaviour change: recycling, fair trade products, etc
2. Organic orchard: individual project.

## **GOOD SHEPHERD - Actions to live sustainably with creation**

**Main action:** (to be decided)

### **Other Good Shepherd activities:**

1. Battery recycling facility established.
2. "Green gas."
3. Change to LED bulbs in the lounge and as bulbs in use need replacement.

## **GOOD SHEPHERD - Actions to live in solidarity with the poor**

**Main action:** (to be decided)

### **Other Good Shepherd activities:**

1. Toilets twinned through [toilettwinning.org](http://toilettwinning.org)
2. Hot water system (?)
3. Ebenezer food bank, Halifax: regular donation from proceeds of luncheon club, individual participation, encouragement to donate (collection box in porch).
4. St Augustine's Refugee Centre: individual contribution by parishioners.
5. CAFOD virtual village: fund raising by children of the parish.
6. Support of suffering people through "Write for Rights" Amnesty Campaign during Advent / Christmas 2017

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